

Conemaugh Memorial Medical Center

SMART

Senior Management of Agility and Rehab in Trauma

Follow-up care for older patients who have experienced a fracture.

SMART offers:

- Evaluation for a risk for falls
- Referrals to the appropriate rehab source
- Complete medical review
- Review of DEXA Scan and medications for osteopenia and osteoporosis
- Physical therapy exam that will identify the need for further rehab
- Review of pain regimen, urinary incontinence, insomnia, and sleep apnea
- Evaluation of equipment need for safe walking
- Evaluation for balance training and vertigo
- Home evaluation through home health with recommendations
- Eye exam, hearing exam, foot and shoe exam
- Psychosocial evaluation
- Evaluation of blood pressure for orthostatic hypotension



Eligible Patients

- Age 65 or older and has experienced a bone fracture
- Under 65 years old with medical conditions that place them at risk for falls

Patient Benefits

- Early identification of fall risk
- Promotion of independent living
- Osteoporosis identification and treatment

SMART was created as an additional program at Conemaugh Memorial's Geriatric Trauma Institute to aid in the recovery of geriatric trauma patients. To make a referral or for more information, call **SMART** at **814.955.7627**.

Conemaugh East Hills
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